



# STAR OF THE SEA

CATHOLIC PRIMARY SCHOOL GLADSTONE

## Sun Smart Policy

REVIEWED JULY 2022

### Policy Statement

*Star of the Sea Catholic Primary School will implement strategies that seek to protect our school community from potential risk of skin damage from exposure to the sun.*

### Description

*Whilst promoting enjoyment of outdoor activities, the Star of the Sea Catholic Primary School community is committed to providing suitable strategies and education to assist in providing sun safe school activities and developing responsible SunSmart behaviours.*

*Childhood sun exposure is an important contributing risk factor in the development of skin cancer later in life. Modelling and teaching sun safety practices to children throughout their learning years helps shape healthy long-term habits.*

### Implementation

**Both our Staff and Star of the Sea Board have been involved in the review of this policy which applies to all staff, students and volunteers/ visiting specialists taking part in onsite and offsite school events and educational activities.**

**Copies of the SunSmart Policy will be made available on the school website and upon request.**

**Parents, staff and volunteers, as appropriate, will access daily local sun protection times and put in place the below sun protection measures, especially when the UV index is 3 and above.**

Minimise outdoor activities between 10am and 3pm

Provide ongoing education that promotes personal responsibility for sun safety and skin cancer prevention.

Role model good sun protection behaviours outdoors by following the below procedures.



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### **Seek Shade**

Seek shade wherever possible, with the school providing a variety of shade options and planning for shade availability whenever offsite excursions are planned.  
Review shade options regularly.

### **Sun Protective Clothing**

Ensure broad brimmed or legionnaire hats are always worn during outdoor activities - enforcing the rule - NO Hat! - NO Play!  
Ensure the SunSmart school dress code is adhered to at all school activities including free dress days.  
Encourage rash vests or t-shirts for outdoor swimming  
Encourage students to wear sunglasses close-fitting, wrap-around sunglasses that meet the Australian Standard AS1067 (Sunglasses: Category 2, 3 or 4) where possible.

### **Sunscreen**

Make available SPF30 or higher broad-spectrum, water-resistant sunscreen or encourage children to supply their own.  
Encourage children to apply sunscreen 20 minutes before going outdoors and to reapply every 2 hours when outside for extended periods of time.

### **Engaging the broader organisational community**

Regularly reinforce and promote SunSmart behaviour to the whole organisational community via newsletters, website/intranet posts, social media posts, assemblies, parent/teacher meetings or through enrolment/employee orientations

### **Provide support and evaluate and monitor implementation**

Promote the free SunSmart app  
Utilise curriculum resources to educate children  
Utilise sun protection posters and resources as outlined in *Additional Information and Support*  
Regularly monitor compliance and evaluate if the policy is meeting the desired objectives.



Catholic Education  
Diocese of Rockhampton



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## Reflection Material

Cancer Council Qld Schools & Early Childhood Sun Protection Policy guide -

<https://cancerqld.blob.core.windows.net/resources/quest/Schools%20and%20Early%20Childhood%20Sun%20Protection%20Policy%20guide.pdf>

<https://www.health.qld.gov.au/public-health/schools/sun/protection>

<https://cancerqld.org.au/cancer-prevention/sun-protection/>

CEDR WHS Policy [https://os-data-2.s3-ap-southeast-2.amazonaws.com/rok-catholic-edu-au/bundle6/202103\\_work\\_health\\_and\\_safety\\_policy\\_version\\_6.pdf](https://os-data-2.s3-ap-southeast-2.amazonaws.com/rok-catholic-edu-au/bundle6/202103_work_health_and_safety_policy_version_6.pdf)